

## Noodles

Rice Noodle (usually with soup) - 米线 mi xian

Beef noodle soup (usually really good in Sichuan) - 牛肉面 niu rou mian

Minced pork noodles (no soup, a little spicy, its kind of like the Chinese version of spaghetti bolognese) - 炸酱面 zha jiang mian (can definitely find it in Sichuan)

Minced pork noodle soup (kind of like la mian) - 担担面 dan dan mian

Chilled Noodle Salad (sweet and spicy with sesame oil, garlic, peanuts, green onions) - 凉拌面 (regular noodles) 凉拌米线 (rice noodles) 凉皮 (wide rice noodles - specialty of Qinghai)

Spicy and sour corn/bean/potato noodles - 酸辣粉

My Favorite Traditional Dishes that They Should Have in Most Restaurants

Spicy and sometimes kind of sweet pork with shredded veg - 鱼香肉丝

Spicy/sweet eggplant - 鱼香茄子

Minced pork stir fried with eggplant - 肉末茄子

Green beans with minced pork (usually spicy) - 干煸四季豆炒肉

Spicy thin vermicelli noodles with minced pork - 蚂蚁上树

Kungpao Chicken (so much better than the American version) - 宫爆鸡丁

Braised Beef - 红烧牛肉

Scrambled Eggs with Tomato (I know it sounds simple but I promise its delicious) - 西红柿炒鸡蛋

Scrambled Eggs with Chives - 韭菜炒蛋

Spicy Tofu (hot and numbing spicy) - 麻婆豆腐

Chili pork stir-fry - 辣椒肉

Cold Cucumber Salad - 拍黄瓜

Stir fry Cabbage with dried chili - 炒白菜

Garlic stir fry with fresh green veg - 大蒜炒青菜

Spinach Salad and Peanuts or Cashews - 花生菠菜/腰果菠菜

Other Useful Words

Dumplings - 饺子

Pork Buns- 包子

Chicken - 鸡肉 ji rou

Beef - 牛肉 niu rou

Pork - 猪肉 zhu rou

Spareribs - 排骨

Vegetables - 蔬菜

I like to eat spicy food - 我喜欢吃辣的

Not too spicy - 不要太辣

Word used for cold dishes: 凉拌 liang ban

Another way to order is to point to a vegetable and say 炒肉 (chao rou) and they will do a stir fry dish with pork